



# Side Orders - Nutrition information per Portion

Side Order		Contains									
Name	Serves	Energy (kcal)	Energy (kj)	Protein (g)	Carbo- hydrate (g)	of which Sugars (g)	Fat (g)	of which Saturates (g)	Fibre (g)	Sodium (g)	Salt (g)
Onion Rings	2	200	850	3.8	26.0	4.7	8.0	4.8	2.2	0.4	1.0
Loaded Potato Skins with Cheese	2	358	1496	14.0	29.6	1.6	21.0	11.6	3.0	0.8	2.0
Loaded Potato Skins with Cheese & Bacon	2	430	1798	17.6	23.8	1.4	30.0	14.6	2.4	1.4	2.9
Jalapeno Poppers	2	312	1302	6.7	33.9	2.7	16.5	6.9	2.9	0.5	1.3
Garlic Bread	2	221	932	6.2	35.8	1.3	6.9	1.9	1.5	1.6	1.0
Snappy Garlic Bread	2	229	961	10.1	25.7	1.0	10.6	5.0	1.1	1.3	1.0
Coleslaw	2	180	752	1.4	7.3	6.7	16.3	1.2	2	0.4	1.0
Spicy Chicken Bites Dip - see below	2	369	1547	28.4	20.4	1.4	20.0	8.4	2.3	0.6	1.4
Battered Chicken Bites Dip - see below	2	221	920	27.9	12.9	1.1	6.2	2.7	1.5	0.5	1.2
BBQ Chicken Wings	2	341	1423	35.4	7.2	6.3	18.9	4.4	Trace	0.9	1.7
Hot & Spicy Chicken Wings	2	341	1423	26.9	13.5	8.9	20.0	5.4	1.2	0.6	1.5
Seasoned Potato Wedges Dip - see below	2	183	765	3.2	23.1	1.3	8.6	4.3	2.4	0.5	1.2
Tomato Ketchup Dip	1	34	145	0.3	8.2	7.3	0.0	0.0	0.2	0.2	0.5
Garlic Mayonnaise Dip	1	134	553	0.1	0.5	0.3	14.7	1.1	0.0	0.1	0.1
Sweet Chilli Dip	1	62	263	0.1	15.2	12.3	0.1	Trace	0.1	0.4	0.5
BBQ Sauce Dip	1	46	196	0.3	11.0	3.0	0.1	0.1	0.1	0.2	0.4
Sour Cream & Chives Dip	1	145	585	0.6	1.3	0.9	15.0	1.0	0.1	0.1	0.1